



# PAMA @ Home Virtual Family Fun Activity Summer Sunflowers

Bring art, culture and historical exploration home with a variety of easy fun filled activities for all ages. Using simple materials, PAMA is happy to provide easy step-by-step instructions for art activities, games or fun things to do while at home.

Share your creations with us on Facebook, Twitter or Instagram and tag us @visitPAMA. All tagged submissions will be entered in a draw to win some PAMA swag.

# Summer Sunflowers

Start the summer season by celebrating all that is bright and beautiful, like your own woven sunflower.



## Materials:

- Paper Plate
- Markers
- Scissors
- Yarn (yellow and brown)
- Tape
- Dowel/Stick

This activity is provided to you by:

**Step 1:**

Take your paper plate and use markers, as desired, to decorate it or you can leave it plain. With scissors, cut small triangles out of the rim all the way around.



**Step 2:**

Tape the end of your yellow yarn to the back of your plate in the middle.



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**Step 3:**

Take the length of your yarn across the back of your plate and through two petals. Wrap your yarn across your plate to a set of petals opposite, behind the petal and then back across your plate. Continue until yarn crosses through each petal.



**Step 4:**

Once finished, cut your yarn and tape it to the back of your plate. Use tape to secure the yarn to the back of your petals too.



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**Step 5:**

Cut a length of brown yarn (approx. 3m). Take your brown yarn and wrap it around your finger a few times to make a bobbin that will make the weaving easier. Then, tie one end to the centre of your woven yellow yarn.



**Step 6:**

Take your brown yarn and weave it over and under the pieces of yellow yarn in a circle around the centre. Continue weaving through the spokes until you have used all your brown yarn. Once you finished, tie the end to keep it in place and gently push the brown yarn towards the centre to tighten the yarn.



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**Step 7:**

If desired, use tape to attach a stick/dowel to the back and complete your flower.



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