

# Birdwatching

## Step-by-Step Instructions

---



Woodpecker, ca 1900  
Region of Peel Archives,  
Robertson Matthews fonds



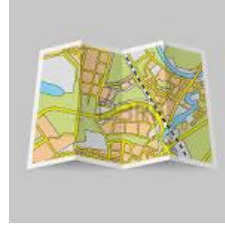
Bird's nest with eggs, ca 1900  
Region of Peel Archives,  
Robertson Matthews fonds

PAMA's Great Outdoors Summer Staycations are filled with fun and creative ways to get outside and make art.

This week's Family Fun Activity is all about birdwatching. Grab your binoculars or make some with toilet paper rolls and start birdwatching! Maybe you will come across a woodpecker or bird's nest like in these pictures from the PAMA Archives.

Explore the birds in your neighbourhood or visit a nearby park. Get outside and look around!

**Materials:** Before we begin, circle the items below that you would need to bring with you for a safe and fun birdwatching hike.



## 2. What to look for

What types of birds will you see on your walk?

Some common birds in Peel are:

- American Robin
- Blue Jay
- Cardinal
- Chipping Sparrow
- Canada Goose
- European Starling

Find more here: [eBird, The Cornell Lab of Ornithology](#)

### 3. What do you see?

While you are on your walk, write down the birds you see in as much detail as you can.

Bird #1	Bird #2
Draw it	Draw it
Colour	Colour
Size	Size
Bird #3	Bird #4
Draw it	Draw it
Colour	Colour
Size	Size

Print this page out and take it with you.

## 4. Investigate

Pick one of the birds you found on your walk and investigate.

Where does it live and what does it eat? What other fun facts can you find out?

Use the website [eBird, The Cornell Lab of Ornithology](#) to help find out the information and learn more about each bird.



### Connect with your Community

There are lots of popular spots in the Region of Peel for birdwatching! The Credit River Watershed which runs through Peel is home to around 264 bird species. One great spot along the Watershed is The Rattray Marsh Conservation Area in Mississauga. It is home to many of these birds, such as the wood warbler, eastern kingbirds, tree swallows and spotted sandpipers. (Note: please follow any applicable COVID-19 restrictions.)

Did you know that Canada is home to bird species that are at risk of extinction? Learn more about at risk species with [Wildlife Preservation Canada](#). One at risk bird species is the Eastern Loggerhead Shrike. Discover more about the bird [here](#).